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Name here



JUNIOR SKIER LEARNING JOURNEY

SAFETY

We want you to enjoy yourself as much as possible whilst at Chill Factor. You are advised that participating in snow activities has some risks and that Chill Factor has taken precautions as far as is reasonably practical to eliminate or reduce the risk of injury.

The wearing of helmets is compulsory for all activities. Chill Factor provides helmets to participants at no additional cost.

SLOPE CODE OF CONDUCT

1. Respect all other slope users.
2. Control your speed.
3. Always give way to skiers/snowboarders below you and choose a route past as to not endanger or alarm them.
4. Leave plenty of space when overtaking.
5. Look up and down the slope before starting or entering the slope.
6. Always stop in a clear and visible place or, preferably, at the side of the slope. When climbing up or down the slope, always keep to the side.
7. Respect all signs.
8. In the event of an accident everybody is duty bound to assist and witnesses must provide relevant information regarding any accident.
9. Chill Factor reserves the right to ask you to leave the slope if you are deemed, by an employee of Chill Factor, not to be abiding by the Code of Conduct or meeting the minimum standard. In such cases, no refund will be given.

All Lift Pass users must be able to meet the minimum standards for Main Slope use. These are; control speed and direction, linked turns, stop and to use the button lift unassisted. If you cannot meet the minimum standards for recreational slope use, you must have lessons (booked in advance) with an instructor from Chill Factor prior to using the slope.

MEMBERSHIP

Members save 30% on Lift Passes, Group Lessons, Private Lessons & more! Ask a member of the team for details!



TELL US ABOUT YOUR EXPERIENCE AT TRIPADVISOR



YOUR SKI LESSON JOURNEY

STARTS ON THE
NEXT PAGE



PROGRESSION RATE

Everyone progresses at different levels and you will be able to advance when your instructor feels you have the skills you need, so don't feel frustrated if you didn't advance this time, you will progress through the levels at an appropriate pace for you. Advancing in line with your capabilities, is safer for you and other slope users.

BETWEEN LESSONS

The Beginner Slope is exclusively for Chill Factor's Lessons & is a great place to progress with one of our instructors. 11-16 year olds may practice with a Lift Pass on the Main Slope without an instructor, as long as the following rules are followed:

- The Junior must be able to link turns, stop when required and use a button lift unassisted throughout their visit.
- A parent/guardian must remain within the centre throughout the session
- The Junior always remains the responsibility of the parent/guardian



BOOK YOUR NEXT SESSION

ONLINE: CHILLFACTORE.COM / CALL 0161 749 2222



CHILL FACTORE

DON'T FORGET TO FOLLOW US ON:



JUNIOR SKIER LEARNING JOURNEY



LEVEL 1A - BEGINNER

- I can put my skis on with assistance
- I can walk around on the flat with my skis on
- I can side step up the slope with assistance
- I am learning to turn around on the slope and hold a pizza shape
- I can slide down with my skis in the shape of chips (parallel)

WORKING ON IT GOT IT!

REPEAT COMPLETED INSTRUCTOR DATE

Comments

LEVEL 1B - BEGINNER IMPROVER

- Re-cap Skills from Level 1
- I can put my skis on by myself
- I can side step with my skis on by myself (6+)
- I can turn around and hold myself in a pizza shape on my own
- I can complete several activities with my skis parallel

WORKING ON IT GOT IT!

REPEAT COMPLETED INSTRUCTOR DATE

Comments

LEVEL 2A - SNOWPLOUGH SKIER, PIZZA SHAPE

- Re-cap Skills from Level 1
- I can use the beginner slope lift
- I can ski down slowly in a snowplough (pizza shape)
- I can ski down making my snowplough bigger and smaller

WORKING ON IT GOT IT!

REPEAT COMPLETED INSTRUCTOR DATE

Comments

LEVEL 2B - SNOWPLOUGH SKIER IMPROVER

- Re-cap Skills from Level 2a
- I can ski from higher up the beginner slope in control
- I can steer left and right in a snowplough
- I can link turns together
- I can follow a short set path

WORKING ON IT GOT IT!

REPEAT COMPLETED INSTRUCTOR DATE

Comments

LEVEL 5 - MAIN SLOPE CONFIDENCE

I'm confident on the Main Slope or I have completed Level 5 and had some time to practice the skills I have learnt; Now I'm learning to ski with my skis more consistently parallel (chips) and less snowplough (pizza).

Your Coaches will guide you over multiple sessions to develop ongoing performance including technique to varied terrain, refining posture or improving steering skills. You're starting to experiment varying turn shapes, and enjoying the exhilaration of speed.

Enjoy becoming a more accomplished, all rounded skier.

Comments

LEVEL 4 - INTRODUCTION TO THE MAIN SLOPE

- Re-cap Skills from Level 3 on the beginner slope
- I can use the main slope with assistance
- I can follow my instructor on the lower part of the main slope
- I can control my speed and stop using snowplough turns
- I am starting to match my skis at the end of the turn

WORKING ON IT GOT IT!

REPEAT COMPLETED INSTRUCTOR DATE

Comments

LEVEL 3 - TURNING

- Re-cap Skills from Level 2
- I can plough in control from the top of the beginner slope
- I can follow my instructor making turns
- I can turn to a stop
- I can turn in control from the top of the beginner slope

WORKING ON IT GOT IT!

REPEAT COMPLETED INSTRUCTOR DATE

Comments

NEXT STEPS ASK US ABOUT...

SKILLS DEVELOPMENT COACHING

If your child has been through the Kid's Ski School Programme or can already ski confidently but still wants to improve, then our Skills Development Coaching is what you're looking for.

LIFT PASSES

Keep practicing the skills you've learnt with a Lift Pass. From one hour up to all month, keep those ski legs going all year round.

PRIVATE LESSONS

Whether you want to whizz through the levels or build your confidence slowly, learn at your own pace with a Private Lesson.

FREESTYLE

Jump, slide and spin on our freestyle features. If you want to learn the latest tricks, come along to one of our freestyle sessions.

SKI RACING

Do you like going fast? Learning ski racing will help you keep control of your skis while whizzing down the piste through race gates!

